



Compassionate NLP

Master Achievement Programme

Take your career, or dream, to the next level with this empowering 1:1 tailored course that

- gives you the beliefs and attitudes you need to succeed in your chosen field
- lessens the fears and inner blocks you may be experiencing
- enables you to develop powerfully compelling goals
- teaches you effective methods for turning adversity into opportunity
- brings you the inner confidence, and beliefs, which will make success not only significantly easier, but almost inevitable

Using the power of Compassionate NLP with timeline techniques, core transformation processes and the wholeness process, you will easily and quickly develop new, stronger beliefs modelled on masters in your chosen field.

Their beliefs and attitudes will be yours, as you are guided through elegant and effective techniques that empower you to be the best you can be.

Learn how your mind can develop effective and useful attitudes which will propel you to success much more easily than you imagined was possible.

Tame your unruly emotions and let go of unhelpful self-sabotaging thoughts and feelings.

Develop beliefs that masters such as Tony Robbins take for granted, and bring your talents to bear in your chosen field.

If you have a dream, or project, and know you should be able to achieve it, but self-doubt, fear of failure, procrastination or other 'inner demons' have been holding you back, then this 1:1 coaching course will guide you from cloudy uncertainty to clear success.

The only thing you need to bring is a desire to change, a willingness to be guided throughout, and an acceptance that many of the thoughts and feelings that have brought you this far are not the ones that will take you to the next stage.

Change, self-improvement, and success are all possible, if you are willing to let go of the past and embrace the new.

If you have the desire, then I shall support and guide you to where you want to be.

What this programme is not:

- This is not Cognitive Behavioural Therapy (CBT)
- This is not traditional coaching, where you do all the work
- This is not meditation or mindfulness

What this programme is:

- A series of sessions in which you are guided and supported throughout
- Effective methods you will be taken through, which enable you to let go of unhelpful thoughts and take on new thoughts of your choosing
- A way to lessen the impact of unhelpful or disempowering emotions such as sadness, anger, fear, embarrassment and other, similar, feelings
- An enjoyable and fascinating journey using tried and tested methods which really work
- An approach where 99% of the work we do happens during sessions - in between sessions you just get to live your life and start building your better future (which gets easier and easier after each session)

The Gold Programme

15 hours of sessions, over several weeks or months. The example below is just one way in which we might conduct the programme:

2 hour introductory session, planning, identifying current limitations and feelings, identifying initial goals and longer vision, hypnotic session preparing for the changes to come

2 x 2 hour session installing new, powerful positive beliefs from masters in your chosen field

2 hour session clearing unhelpful feelings which have been limiting you

1 hour session developing new goals and vision and installing it into your unconscious mind and future timeline (so that it feels compelling and almost inevitable)

1 hour session installing positive powerful beliefs

2 hour session learning how to turn adversity into opportunity

1 building new behaviours and responses

2 hour session consolidating learning, goals, beliefs and vision of self and the future, and hypnotic session embedding learning and changes made, including bespoke recording for you to take away and use to reinforce your results.

The Gold Programme would usually run for around 2 to 3 months

The Platinum Programme

25 hours of sessions, over several weeks or months. The example below is just one way in which we might conduct the programme:

2 hour introductory session, planning, identifying current limitations and feelings, identifying initial goals and longer vision, hypnotic session preparing for the changes to come

4 x 2 hour session installing new, powerful positive beliefs from masters in your chosen field

2 x 2 hour session clearing unhelpful feelings which have been limiting you

2 hour session developing new goals and vision and installing it into your unconscious mind and future timeline (so that it feels compelling and almost inevitable)

2 hour session learning how to turn adversity into opportunity

2 hour session building new behaviours and responses

2 hour session aligning values with goals

1 hour session honing goals and vision

2 hour session consolidating learning, goals, beliefs and vision of self and the future, and hypnotic session embedding learning and changes made, including bespoke recording for you to take away and use to reinforce your results.

The Platinum Programme would usually run for around 5 to 6 months

Pricing

Platinum Programme	25 hours	5-6 months	£999
Gold Programme	15 hours	2-3 months	£699

Both programmes have the 'No Risk Guarantee': If, before your third session, you don't think this programme is the right one for you, you can get a complete refund. I don't believe you'll want to, in fact, once you begin, I believe you will want to experience everything this course offers you. However it does mean you can make a risk free decision and get an experience of how these programmes could work for you.

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